



# October 2023

*All Lunches & Snacks include Milk, Juice or Water  
\*\* Menu is subject to change*

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<p>2 Fish Sticks Butter Noodles Green Beans Peaches  Animal Crks &amp; Milk Snack Mix &amp; Milk</p>	<p>3 Cheese Pizza Salad (Guppies Green Beans) Bananas  Graham Crks &amp; Milk Oranges &amp; Whale Crks &amp; Milk</p>	<p>4 Eggs &amp; Ham Mushroom Omelet Pancakes Pears  Crks &amp; Jelly &amp; Milk Teddy Grahams &amp; Milk</p>	<p>5 Quesadillas Spanish Rice Mixed Veggies Pineapple  Carrots &amp; Ranch &amp; Milk Vanilla Wafers &amp; Milk</p>	<p>6 PBJ Sandwiches Chicken Noodle Soup Carrots Applesauce  Muffins &amp; Milk Cook's Choice &amp; Milk</p>
<p>9 Chicken Nuggets Butter Noodles Corn Fruit Cocktail  Cheese &amp; Crks &amp; Milk Graham Crks &amp; Milk</p>	<p>10 BBQ Chicken Sandwiches French Fries Carrots Apples  Yogurt &amp; Granola &amp; Milk PB Tortillas &amp; Milk</p>	<p>11 Taco Salad (Guppies Crks) Corn Bread Oranges  Vanilla Wafers &amp; Milk Animal Crks &amp; Milk</p>	<p>12 Mac &amp; Cheese W/Hot Dog Broccoli Pears  Bananas &amp; Cheerios &amp; Milk Pretzels, Cheese Crk &amp; Milk</p>	<p>13 Grilled Cheese Sandwich Tomato Soup Carrots Applesauce  Muffins &amp; Milk Cook's Choice &amp; Milk</p>
<p>16 Chili Cheese Fiesta Over Chips (Guppies Crks) Cooked Carrots Peaches  Graham Crks &amp; Milk Vanilla Wafers &amp; Milk</p>	<p>17 French Toast Ham &amp; Cheese Potatoes Green Beans Bananas  Jelly Crks &amp; Milk Oranges &amp; Whale Crks &amp; Milk</p>	<p>18 Beef Stroganoff Over Noodles Broccoli Biscuit Apples  Snack Mix &amp; Milk PB &amp; Crks &amp; Milk</p>	<p>19 Burritos Spanish Rice Corn Pears  Yogurt &amp; Granola &amp; Milk Teddy Graham &amp; Milk</p>	<p>20 Turkey &amp; Cheese Wrap Chicken Noodle Soup Carrots Applesauce  Muffins &amp; Milk Cook's Choice &amp; Milk</p>
<p>23 Italian Sausage Spaghetti Corn Garlic Bread Fruit Cocktail  Apples &amp; Milk Cheese &amp; Crks &amp; Milk</p>	<p>24 Sloppy Joes French Fries Mixed Veggies Apples  PB Crks &amp; Milk Pretzels &amp; Cheese Crks &amp; Milk</p>	<p>25 Cheese Burger Casserole Green Beans Peaches  Bananas &amp; Cheerios &amp; Milk Graham Crks &amp; Milk</p>	<p>26 Cream Chicken &amp; Rice Casserole Broccoli Biscuits Pineapple  Carrots &amp; Ranch &amp; Milk PB &amp; Tortillas &amp; Milk</p>	<p>27 Tuna Sandwich Tomato Soup Carrots Applesauce  Muffins &amp; Milk Cook's Choice &amp; Milk</p>
<p>30 Tater Tots Casserole Corn Fruit Cocktail  Graham Crks &amp; Milk Vanilla Wafers &amp; Milk</p>	<p>31 Teriyaki Chicken &amp; White Rice Cooked Carrots Bananas Veggies Flavored Crks &amp; Milk Animal Crks &amp; Milk</p>			